



New Group Forming January 29, 2020

Dr. Jenny Holland, PsyD

Licensed Clinical Psychologist

When

Every other Wednesday
10:30 a.m. - 12:30 p.m.

Where

621 Cherry St. Santa Rosa, CA 95401

Fee

\$40 per session* -- Group size not more than 8

Topic

This therapy group will offer a safe place for you to discuss your parenting challenges, learn how others cope with similar situations, receive guidance and support, and make new friends.

CALL TO JOIN

707-479-2946

"As a person with a disability and a parent of a teenager with a disability, I have a unique perspective on parenting children with disabilities. This group is geared toward helping parents gain a sense of empowerment and control while improving coping and practical skills as well. We will talk openly and honestly about feelings, share our stories and provide support through the process."

~ Dr. Jenny Holland, PsyD

Therapy SUPPORT GROUP FOR PARENTS of CHILDREN & TEENS with DISABILITIES



**LIMITED SEATING IS AVAILABLE
SIGN UP EARLY TO BE INCLUDED!**

* Reduced fees and scholarships available for eligible participants.
Call 707-479-2946 for more information.

★ 621 Cherry St.
Santa Rosa, CA 95401

✉ hollandpsyd@gmail.com

Learn More about Dr. Holland -> www.drjennyholland.com